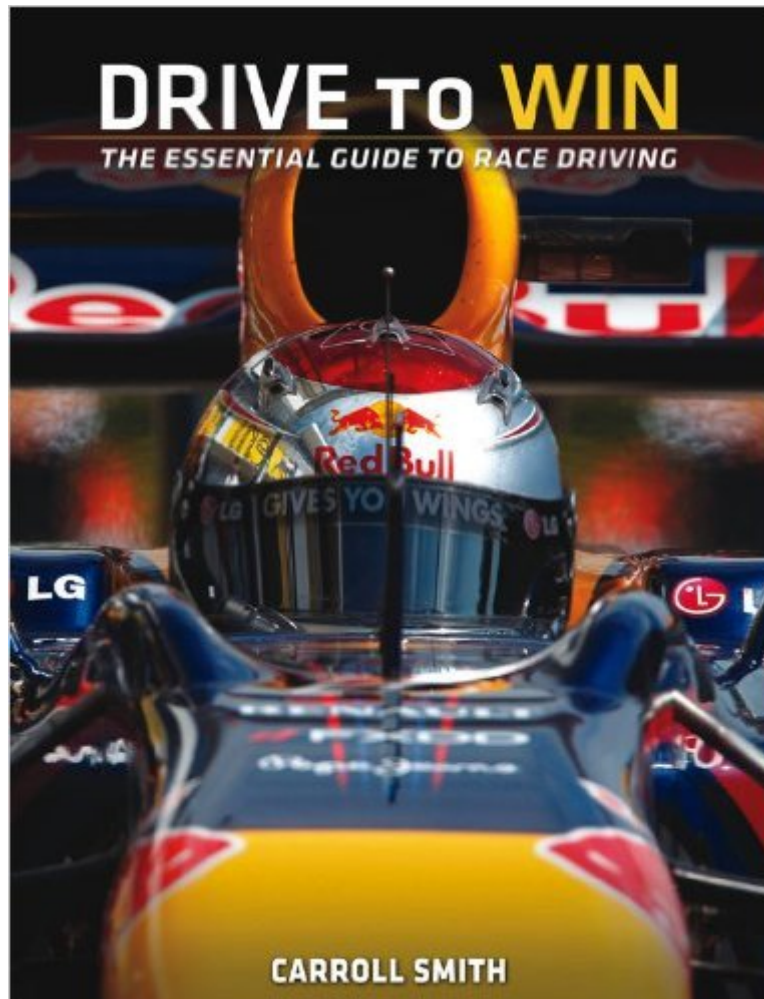


The book was found

Drive To Win: Essential Guide To Race Driving



Synopsis

Take pole position to learn the ground rules, techniques and procedures of driving perception and evaluation. Racing professional Carroll Smith delivers current state-of-the-art techniques for working with your crew to develop and set up your car so that you'll have a competitive tool with which to practice the art of driving.

Book Information

Paperback: 174 pages

Publisher: Carroll Smith Consulting (March 2, 2012)

Language: English

ISBN-10: 0615592570

ISBN-13: 978-0615592572

Product Dimensions: 8.5 x 0.5 x 11 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.7 out of 5 starsÂ Â See all reviewsÂ (34 customer reviews)

Best Sellers Rank: #284,407 in Books (See Top 100 in Books) #201 inÂ Books > Sports & Outdoors > Miscellaneous > Motor Sports #1340 inÂ Books > Engineering & Transportation > Automotive #2541 inÂ Books > Engineering & Transportation > Transportation

Customer Reviews

This among the best of the several driving books I've read so far. The author, Carroll Smith, clearly has a vast breadth and depth of knowledge gained over decades, and derived from being both in the driver's seat and involved in race car engineering, among other facets of motorsports. Smith writes in a very conversational style which is full of wit and makes the book almost as entertaining as it educational. There's so much valuable information, insight, and wisdom in this book that it needs to be read more than once. Nevertheless, here are some points from the book which stood out for me personally, and which will hopefully also help you get the flavor of the book: * Driving race cars well is exceptionally challenging (and fun!). It requires courage, determination, aggression, and confidence balanced with control, calculation, calmness, judgment, and discipline. * The challenge of driving well is mostly mental rather than physical, though endurance is certainly necessary, and concentration will start to fade before the driver feels tired. Thus much can be gained by thinking about driving (when not driving) and from building stamina. * Situational awareness and anticipating/controlling car behavior (rather than just reacting to it) are keys to driving well. * If you can't visualize driving a track with your eyes closed, you haven't developed enough reference

points. Visualization is an excellent exercise.* When following another car, do your own driving - don't let the driver in front drive your car. Likewise, when a car is right behind you, stay disciplined and continue doing your own driving - don't drive in your mirrors.* In driving, there's no substitute for experience (seat time).

[Download to continue reading...](#)

Drive to Win: Essential Guide to Race Driving Increase Libido at Any Age Naturally: The Ultimate Guide to An Increased Sex Drive & Improved Sex Life for Men & Women (Increase Sex Drive, Improve Sex Life) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Speed Secrets: Professional Race Driving Techniques Roulette Rockstar: Want To Win At Roulette? These 3 Simple Roulette Strategies Helped An Unemployed Man Win Thousands! Forget Roulette Tips You've Heard Before. Learn How to Play Roulette and Win! Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1) Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) The Official DVSA Guide to Driving Buses and Coaches (9th edition) Win Your Lawsuit: Sue in California Superior Court Without a Lawyer (Win Your Lawsuit: A Judges Guide to Representing Yourself in California Supreme Court) Tennis: Top 5 Strategies How to win more matches, How to Play Tennis, Killer doubles, Tennis the Ultimate guide (Tennis Strategies How to win more matches Book 1) Frequently Asked Questions about Drinking and Driving (FAQ: Teen Life) Driving on French Fries-How to Build a Veggie Oil Processor for your Diesel Functional Safety for Road Vehicles: New Challenges and Solutions for E-mobility and Automated Driving Two Billion Cars: Driving Toward Sustainability Applied Insurance Analytics: A Framework for Driving More Value from Data Assets, Technologies, and Tools (FT Press Analytics) Hack: How I Stopped Worrying About What to Do with My Life and Started Driving a Yellow Cab The Little Book of Loony Driving Laws

[Dmca](#)